

Breakfast 6:30 AM – 11 AM

TRADITIONAL FAVOURITES

- CANADIAN BREAKFAST 18**
Two eggs any style with bacon & sausages, served with breakfast potatoes & toast *gf**

BREAKFAST SANDWICH 15
Fried egg, shaved ham, Swiss cheese & tomatoes on a toasted brioche bun served with choice of breakfast potatoes, fresh cut fruit salad or hand-picked greens *gf**
- THREE EGG FRASER VALLEY OMELETTE 18**
Choice of fillings:
Peppers, onions, tomatoes, mushrooms, spinach, cheddar cheese, goat cheese, ham, sausage, smoked salmon
*Served with toast and breakfast potatoes or fresh fruit salad or hand-picked greens *gf***

MORNING SPECIALTIES

- WALL CENTRE BENEDICT 20**
In-house smoked pork belly, freshly baked herb & cheddar cheese scone, poached eggs, hollandaise sauce and BC Yukon gold potato wedges

WEST COAST BENEDICT 20
Smoked wild salmon, wilted baby spinach, toasted English muffin, lemon & herb cream cheese, poached eggs, hollandaise sauce, breakfast potato
- BUTTERMILK PANCAKES 17**
Whipped cream, wild blueberry compote, pecans, maple syrup & butter *✓*

LOX & CREAM CHEESE BAGEL 17
Smoked salmon, Roma tomatoes, sweet red onions, capers & lemon with Philadelphia cream cheese

HEALTHY START

- AVOCADO TOAST 14**
Multigrain toast, fresh avocado, tomatoes, & cottage cheese, served with hand-picked greens *gf* ✓*

SEASONAL FRUIT PLATE 16
Selection of fresh sliced fruit with low-fat yogurt or cottage cheese *gf ✓*
- HOUSE MADE ARTISAN GRANOLA 15**
Fresh berries, low-fat yogurt *✓*

STEEL CUT OATMEAL 14
Torched banana Brûlée, fresh berries, toasted pecans with Canadian maple syrup *✓*

SIDES

- Bacon or ham 6
Breakfast sausage 7
Two free-range eggs (any style) 6
Smoked salmon 8
Breakfast potatoes 5
English muffins or toast 5
Fresh baked croissant & Danish 5
Bagel and cream cheese 8
Wall Centre corn muffins 5
Fruit salad 6
Low-fat yogurt 5
Avocado (half) 3 or (full) 5
Dry cereals 5
Kellogg's® Raisin Bran™, Kellogg's® Corn Flakes™, Kellogg's® Rice Krispies™, Kellogg's® Froot Loops™, Kellogg's® Frosted Flakes™, Kellogg's® All Bran

WAKE UP BEVERAGES

- MORNING SMOOTHIE 7**
Fresh strawberries & banana with Greek yogurt, honey and Chia seeds
- Espresso or Americano 5
Caffe Latte or Cappuccino 5
Vanilla Latte or Mochaccino 5 ½
Hot Chocolate 5
Tazo® Tea /English breakfast, Earl Grey, Zen, Mint 5
Juice /orange, apple, cranberry, grapefruit 5
Milk 6

✓ vegetarian option *gf* gluten free option *gf** gluten free modification available
FRIES MAY CONTAIN TRACE OF GLUTEN DUE TO FRYERS



ALL PRICES SUBJECT TO 5% GST | 18% GRATUITY WILL BE ADDED TO PARTIES OF 6 OR MORE. 100% OF THIS GRATUITY GOES TO OUR ASSOCIATES
IF YOU HAVE CONCERNS REGARDING FOOD ALLERGIES, PLEASE ALERT YOUR SERVER PRIOR TO ORDERING
CONSUMING RAW OR UNDERCOOKED SEAFOOD OR SHELLFISH MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS